

# Participant Preparation Checklist for Immersive Learning Activities

During the learning experience, we will be using immersive technologies. The following checklist will help ensure you are fully prepared.

## Day Before

- If this is your first time using a VR headset, go through the setup instructions to ensure proper hardware fit and view, connect to wi-fi, and to get familiar with its controls
- Download all necessary apps for the learning experience (invitation links found in your participant materials or class registration information)
- Ensure you'll be in a quiet place free from distractions so that you can fully focus on learning. If sitting, plan to use a swivel chair, and at least one earpiece/headphone
- Plug in your headset to ensure a full charge

## 10 Minutes Before

- Power on your VR headset, ensure it's fully charged and prepared for use. Confirm your guardian area.
- Have your VR app login code(s) available (found in your participant workbook or class invitation)
- Set out your 'do not disturb' sign and close out of email / instant messenger so that you can focus on the learning
- Connect to the virtual classroom using the link found
- Join the session, ready to actively participate

## Need Help?

- If your program seems "choppy", ensure you have enough internet bandwidth.
- If you have other technical issues or questions, contact the facilitator or session producer for assistance.