

TIPS FOR PRESENTING YOURSELF ON WEB CAM

Put camera at eye level



1

Move your webcam to a spot that centers your face on screen instead of looking down to it.

Place lighting in front



2

Have a light source in front of you instead of to the side or behind you.

Place appropriate items in the background



3

Be aware of what's in view of the camera. Have appropriate items of interest that do not distract.

Position yourself at the correct distance



4

Sit far enough away from the camera so that your shoulders are visible.

